

## Always More Good in Store

*I am 88 and have lived a good life. I have trouble walking but can still drive a short distance. I work for my son on my computer, which supports me financially and keeps me mentally active, but I live alone without any help and no local friends. I have two other sons and communicate regularly with all three. Cancer was found recently in my breast, and I'm undergoing tests to ensure I can survive the surgery. It is stressful. I need a strong reason to go forward. I have always believed I will live to 109. I wish I had some local friends. Playing bingo at the senior center is not my thing. My local spiritual center closed five years ago, and I can't get to the nearest church that would interest me. Do you have any ideas?*

Your grateful attitude about your life thus far, your intention to live another 21 years and three sons all sound like good reasons to go forward. Regarding your desire to enhance your social and support system, visit the map feature on the Centers for Spiritual Living website (CSL.org/map). There are many spiritual communities in your area. Inquire with those in neighboring cities about outreach volunteers or congregants living near you willing to provide transportation.

Since you are adept on the computer, virtual connection options are abundant. Most centers broadcast their services and offer online opportunities such as book studies, spiritual classes and support groups. And don't forget to lean into the power of prayer. Practitioners are available to pray with you at the World Ministry of Prayer or through any center. As you make new friends, consider inviting someone you feel a connection with to be your weekly prayer partner. I've had one for 10 years, and it is priceless.

I know Spirit is guiding you in attracting new friendships and providing the strength and support you need to navigate your physical journey. If you need help in the flesh, ask your sons to visit. You are loved. There is more in store for you in your abundant and purposeful life. ❀



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