

See the Divine in All

My sister just got engaged to a guy she's been dating on and off for two years. He has zero social skills and can barely carry on a conversation. My sister is a social butterfly and loves everybody. I never understood what she sees in him. Yesterday, she asked me to be her maid of honor and help her plan the wedding. I tried to sound happy for her and said yes, but what I really wanted was to talk her out of it. Now I feel like such a phony. I don't know what to do.

Staying inauthentic with your sister is unhealthy and unsustainable, especially at such a transitional time in her life. The key is to remember the love you share and to honor the love that exists between her and her fiancé. Only they understand the deepest dynamics of their relationship. Do you trust your sister to make her own choices? Be sure you look closely and tenderly at your reactions, pulling back to inquire within about what is yours to do, before communicating with her.

Having been a maid of honor five times myself, I can tell you that it requires dedication beyond planning parties and corralling bridesmaids. It is a sacred role of devotion; therefore, to truly honor your sister and ultimately benefit everyone involved, share your feelings and concerns with love. Let her know her happiness is your top priority. And, if she is open and feels safe (i.e. trusts you have no alternative agenda), you might play the important role of devil's advocate — asking questions to help fortify her confidence and clarity. Then be prepared back her up however she moves forward.

Regarding your soon-to-be brother-in-law, ask your higher self for fresh eyes to see him as if for the first time. The perfection and beauty of the Divine exists in every human being no matter how challenging they are to understand or relate to.

Being a space of unconditional love, support, acceptance and appreciation will be the greatest gift you could give them and yourself. Now *that* is worth celebrating. ☸



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