

Curiosity Comes Home

When you long for some place or space you have never been, what does it mean to “come home”? How do you know when this happens and where you belong and fit? I’ve been searching in vain for this feeling and hope you can help. — Curious in Colorado

Dear Curious,

If you have never felt a sense of coming home, belonging or fitting in, then you may be very familiar with the opposite — feeling lost, alone and alienated. I am sure many things contributed to this reality for you, much that was perhaps out of your control. *But you have control now.* I point this out because your attention is focused on what you *do not have*. Your mental and emotional energy — your creative power — are being fueled by the past and its accompanying beliefs. With awareness and practice, you can redirect your energies to bring about what you desire, no matter how long the opposite has felt true.

Thankfully, you already have what you need and are experienced using it. The way to generate a *new* reality for yourself is to first create it in your imagination. Everything that has ever existed started as an idea, be it in Divine Mind or the spark of creativity within a human being. To quote Albert Einstein, “Your imagination is your preview of life’s coming attractions.”

What does “coming home” mean to *you*? Is there a book or movie that captures the essence of what you long for? Are there people in your life who seem to have what you seek? Wayne Dyer said, “Using your imagination involves more intensity on your part than just imagining an occasional wishful thought. The key lies in stopping yourself from imagining things you *don’t* want to materialize.”

When old, habitual thoughts arise, decide to tap into that unlimited Source and spend some quality time in your mind within the place or space you want to be.

Have fun with your newly created storyline and step boldly into the new experiences you are creating. Not only will you recognize the feelings you long for as they occur, but you will delight in noticing where they already exist in your life. ❀



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